

# A to Z of e-safety

At the speed the Internet and technology evolves, it's almost impossible to keep on top of e-safety. To make it easier, Alan Mackenzie takes it one letter at a time.

  
@OptimusSEND  
@esafetyadviser



## EDUCATION

The most important aspect to being safe.



## DIGITAL FOOTPRINT

Do you understand where your information goes when you put it online and what it can be used for? What are you really happy sharing?



## CHILD ABUSE

There are different forms of abuse; the protection of children from harm is paramount.



## BEHAVIOUR

We learn to be respectful and polite in the physical world, why should this be different in the digital one?



## KEYLOGGER

The act of recording the keys struck on a keyboard.



## ANONYMITY

You can be whoever you want online, but so can everyone else, think disinhibition.



## JAILBREAK

A process of removing restrictions from a device.



## INAPPROPRIATE

Be mindful that what you do online doesn't hurt others, yourself and doesn't break the law!



## HACKING

How can people steal your information? How can you keep it safe?



## QUIZ

There are endless myths and false information online. Think critically, question yourself. If it sounds too good to be true it probably is.



## FRIENDS

You can have lots of fun with your friends online, but how many of your online friends would you invite for tea?



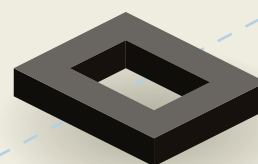
## GAMING

The Internet isn't always scary – it holds endless opportunities for education and creativity!



## PRIVACY

Make sure you know how to adjust your privacy settings on your apps and devices.



## ONLINE BULLYING

Comments made online will stay there forever, and it's much easier to be make hurtful comments when you're hiding behind a screen.



## NOMO

(no mobile, similar to fomo) Some people can feel anxious if they have lost or misplaced their mobile, and not due to the cost of replacement!



## WEB FILTER

Software designed to prevent viewing inappropriate and illegal data.



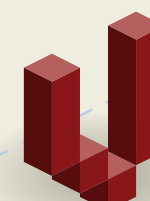
## LOCATION

Extremely useful to stop getting lost, but remember, your location isn't always secret.



## MONITORING

One way of assuring there is no inappropriate behaviour.



## VIRUS

Malicious code designed with a specific function.



## UNENCRYPTED

It can be easy to lose data; where possible encrypt devices such as laptops, USB pendrives etc.



## TROLLING

Messages designed to provoke a reaction. Don't feed the troll; block, report and ignore.



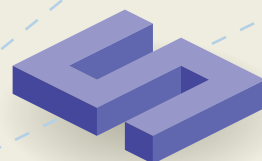
## ZZZZZZZ

Take a break – if you use your mobile just before bed you won't sleep as well.



## REPUTATION

What you put online stays online. Your reputation is very important.



## SEXTING

Never be pressured into taking, sending or putting something online. A sexually explicit image of a person under the age of 18 is illegal.



## XBOX

There are endless opportunities for fun and creativity with gaming, but as you can also make friends through gaming communities you need to be aware of e-safety behavior.



## YOUTUBE

With adequate filters applied, YouTube is an excellent platform for finding educational videos.